

# FOUR SEASONS MESSENGER

DECEMBER 2022

FOUR SEASONS LODGE AT BAKERSFIELD



Lodge  
Hours of Operation

**MONDAY-FRIDAY  
6AM-7PM  
SATURDAY-SUNDAY  
9AM-5PM**

Upcoming  
Holiday Hours

**DECEMBER 23RD: 6AM-  
NOON  
DECEMBER 24TH: CLOSED  
DECEMBER 25TH: CLOSED  
JANUARY 1ST: CLOSED**

Outdoor Amenities:  
Side gate access

**MONDAY-SUNDAY  
6AM-10PM**

# IMPORTANT CONTACTS



## Four Seasons Lodge

Phone (661) 873-0580  
Fax (661) 873-0579  
www.fsbhoa.com

## The Beauty Bar

Phone (661) 873-0581

## Landscape Concerns

Email: help@cmlandscapeinc.com

## K. Hovnanian's Customer Service

Phone (800) 767-1676  
www.khov.com/homeowner-services

## Seabreeze Customer Escrow Department

Phone (800) 232-7517

## California Water Service

Phone (661) 873-7260

## Animal Control

Phone (661) 326-3436

## City Solid Waste

Phone (661) 326-3114

## Fire Department

Phone (661) 326-3911

## Police Department (non emergency)

Phone (661) 327-7111

## The Office

### Emerald Newquist

### Interim General Manager

emerald.newquist@seabreezemgmt.com

### Saretha Headley

### Property Services Coordinator

saretha.headley@seabreezemgmt.com

### Tranece Barnes

### Lodge Attendant

Tranece.barnes@seabreezemgmt.com

### Valerie Ruiz

### Activities Coordinator/Lodge Attnd

valerie.ruiz@seabreezemgmt.com

### Veronica Star

### Lodge Attendant

Veronica.Star@seabreezemgmt.com

## 2022-2023 Board of Directors

Don Wolfe

President

Rod Layman

Vice President

Betty Romm

Secretary

Treasurer

Bill Ferguson

Lorenzo Alvarez

Director

# TABLE OF CONTENTS



## A FEW WORDS FROM YOUR TREASURER-04

A message from your  
Treasurer, Bill Ferguson.

## MONTHLY RULE REMINDER- 06

Rule reminders on Holiday  
Decorations, along with rules  
about guests.

## A BIT OF BAKERSFIELD HISTORY- 08

Kitty DeArmond brings  
Double Jeopardy was to  
be Desired to this months  
Messenger.

## FROM YOUR FRIENDS ON THE LANDSCAPE COMMITTEE - 15

Mike Callagy lets us know that  
our main goal this year  
continues!

## CLUBS & CLASSES- 18- 27

Stay in the know as to  
when clubs are meeting.

## NOEMBER TREASURER'S REPORT- 05

November Treasure's Report  
brought to you by Bill  
Ferguson, Treasurer.

## HAPPY HOLIDAYS FROM YOUR ARC FRIENDS - 07

Sandy Moffett reminds you  
to be a light to someone  
during the Holiday season.

## DECEMBER SAFTEY TIP- 09-14

Four seasons resident  
Rodger Barnes brings you  
our December safety tips.

## DECEMBER CALENDAR- 16-17

Keep track of all the upcoming  
events and meetings for the  
month of December.

***\*There are Christmas trees hidden throughout the  
Messenger, keep an eye out and let us know how many  
YOU found for a chance to win a gift card!\****  
***You can drop your answer at the front desk along with your  
name and number.***



## A Few Words From Your Treasurer

Bill Ferguson

You may know me from earlier monthly board meetings, either in person or by our videos posted on the web. But what do I do?

According to section 9.9 of our HOA Bylaws the treasurer is responsible for all things financial. But back to the question “what do I do?”

As your treasurer I provide the monthly financial status report at our general board meetings and attend all executive sessions of that board. I serve as liaison to the board at the monthly Finance and Facility committee meetings.

Along with the HOA president, I verify and authorize payment of all invoices once they are forwarded to us from Seabreeze management. There have been 974 through November 20, on average that's 21 per week.

Having been treasurer for a total of 4 1/2 years I have presented several Town Hall meetings in order to help members understanding of the financial processes. The most recent being on November 2nd of this year, and thank you to those that attended. Along with presenting the final 2023 budget, it included our method of budget and reserves preparation and how a project gains approval from the committees and finally the board. If you missed the last presentation it is available on our web site as “Finance Presentation for 2023 Budget.

In each of these presentations I have answered questions from members, sometimes from the floor and other times from people prior to the presentation. That is what I would like to do in this forum, with a monthly report in the Four Seasons Messenger.

As I am writing this, the office staff is preparing the end-of-year package for all members. It includes the annual budget report and policy statement. You should be receiving this shortly.

Thanks for reading this and let's make this your opportunity to speak out. Please send me your thoughts and questions and I will answer them candidly and as accurately as I can either personally or in next months “Words”.

Send your responses and questions to: [billfergus@aol.com](mailto:billfergus@aol.com). I intend to offer more financial thoughts next month.

Bill





## NOVEMBER TREASURER'S REPORT

### Balance Sheet Summary Report K. Hovnanian's Four Seasons

As of October 31, 2022

	<u>Balance Oct 31, 2022</u>	<u>Balance Sep 30, 2022</u>	<u>Change</u>
Total Operating Funds	116,665.58	159,061.32	(42,395.74)
Total Reserve Funds	1,803,857.20	1,770,776.79	33,080.41
Total Account Receivables	13,514.12	13,433.51	80.61
Total Prepaid Expenses	1,143.94	3,431.74	(2,287.80)
Total Fixed Asset	87,604.34	87,604.34	0.00
<b>Total Assets</b>	<u><b>2,022,785.18</b></u>	<u><b>2,034,307.70</b></u>	<u><b>(11,522.52)</b></u>
Total Current Liabilities	69,722.40	59,884.18	9,838.22
Total Accounts Payable	94,693.25	111,556.78	(16,863.53)
<b>Total Liabilities</b>	<u><b>164,415.65</b></u>	<u><b>171,440.96</b></u>	<u><b>(7,025.31)</b></u>
Total Reserves Fund	1,803,857.20	1,770,776.79	33,080.41
Total Prior Years Equity	125,929.14	125,929.14	0.00
<b>Total Owners' Equity</b>	<u><b>1,929,786.34</b></u>	<u><b>1,896,705.93</b></u>	<u><b>33,080.41</b></u>
<b>Net Income / (Loss)</b>	<u><b>(71,416.81)</b></u>	<u><b>(33,839.19)</b></u>	<u><b>(37,577.62)</b></u>
<b>Total Liabilities and Equity</b>	<u><b>2,022,785.18</b></u>	<u><b>2,034,307.70</b></u>	<u><b>(11,522.52)</b></u>

# Rule Reminder

---

## Holiday Decorations

*Decorating for the Holidays really gets us in the spirit, but is there a "right time" to put up decorations? Actually there is.*

- Decorations creating traffic congestion or a nuisance to neighbors shall not be allowed.
- Decorations may be hung or set out **fifteen (15) days prior to a holiday**, and must be removed fifteen (15) days after the holiday, without ARC Committee approval.
- **Holiday lighting and decorations shall be installed no earlier than Thanksgiving and shall be removed no later than January 15th.**
- Use of exploding devices of any kind is prohibited in the community

---

## GUESTS

**Guests: A guest residing with a Qualifying Resident for more than forty-five (45) days in a calendar year must request a Qualified Permanent Residence status.**

If a guest under fifty-five (55) takes up residency with the Qualifying Resident and/ or Qualified Permanent Resident as a result of a family tragedy (e.g. grandchildren who become orphaned) then their permitted occupancy period may be extended to six (6) months with Board approval.



## Happy Holidays From Your ARC Friends Sandy Moffett - Committee Member

It's here! The "most wonderful time of the year." After months of extreme temperatures, the cooler weather is here. Fall decorations have graced the yards of our neighbors and the Christmas lights will be up soon. Friends and family will gather around tables laden with food of every sort. We'll eat way too much and then cocoon under blankets to watch sports and parades. Real and faux fireplaces will give off their warmth and calm flickering. Shopping has already begun for trees and presents. And have you been to Hobby Lobby and Michael's?

But in all of our enjoyment, please remember that some of our neighbors are not so blessed. There have been losses in our community since last Christmas, and for some, celebrating will be the last thing they want to do. Remember those holiday gatherings that they used to go to with you? They may choose not to go, but an invitation extended would be a sweet thing for you to offer. And we also have neighbors that can't get out for that holiday meal. How surprised would they be if you brought them a plate of food from your table?

Be a light to someone in this season. They will remember it forever.

Be a Light

Any kind of light is a help in the darkness  
And what kind of light doesn't matter  
As long as you shine.

You can be a flashlight, with a strong and steady beam  
But even a flashlight needs fresh batteries  
To be effective.

You can be a candlelight, a soft glow to guide the way,  
But the candle needs to be protected  
Or it can be snuffed out by the wind.

You can be a lampstand; strong and stable  
Seen through the darkest night  
But even a lampstand can be swallowed up in the fog.

You can be a bonfire; strong enough to shine from a great distance  
But even a bonfire must be fed  
Or it will be reduced to smolder and ash.

It doesn't matter what kind of light you are – just that you shine  
As bright as possible. and that you allow others  
To be a light for you.

Let your batteries be charged and your flame be protected  
Don't let your light be swallowed up – but fed by others.  
So, you can continue to shine your light.

## Double Jeopardy Was To Be Desired By Kitty DeArmond (Four Seasons Resident)

*From Legends of the Kern River Valley,  
Reprinted with the permission of the Kern Valley Sun*

Ollie Miles was so popular that when he killed a man they gave him two trials. It all happened at Whiskey Flat, known today as Kernville, back in the days when the miners were in their heyday, and what justice there was, was conducted by miners' courts.

The justice dispensed by those courts was based on fair play rather than on any legal technicalities. A defendant didn't need to hire an attorney to win his case. That's why Ollie got two trials. Ollie was well liked around the camps. He was a friendly, inoffensive little man who was noted as a stickler for the truth and being a man of his word.



On the other hand, Chris Batten was a hulking bully of a man who took delight in roughing up his smaller neighbors if he was certain they couldn't retaliate. So, one day, just to pass the time away, he worked Ollie over. After taking a beating, Ollie escaped and took to his heels. Chris chased after him and was catching up when Ollie drew a knife and turned to face him. As the bigger man reached him Ollie he slid the blade between his tormenter's ribs. So ended Chris' sport for all time. The miners called for a court to try Ollie, who would stick by the truth if it killed him, and it nearly did. He admitted that he had stabbed Batten, and even went on to say that he was guilty he didn't see that there was much else the court could do but hang him. And the court had to agree. A rope was rigged to a tree and Ollie was led to the place of his execution.

But it didn't seem right to hang a nice guy like Ollie, so the jury decided to hold another trial. One of the jurors, Tom Belden, asked Ollie if it was true that Chris was running towards him when he, Ollie, turned with the knife pointed outward. Ollie allowed that this was true. Then, Belden pointed out, that Ollie hadn't stabbed him, but that Batten had run into the knife. And as he must have seen it, the only logical verdict was that Chris had committed suicide.

The jury gravely considered this new evidence and found Ollie innocent. The rope was taken down and all hands headed for the nearest bar where, it is presumed that Ollie set up a few rounds for the court. It is obvious that he didn't object to being tried twice for the same crime.

# To answer or not to answer

**S**cam and spam calls are getting more common. And they're hard not to answer because the number comes up as "unknown." When there's no caller ID number, you can't be sure if it's a spam caller or an important call you've been waiting for. If you're anticipating a call from someone you know, doctor, business ETC, not knowing who's calling can make this situation worse. Plus, you can't block spam callers if their numbers don't appear.

Fortunately, there are ways to find out who's calling you from an unknown or blocked number. We put together this helpful guide on finding an unknown caller number. (If you've ever found yourself asking, "What does unknown caller mean?" or "How to block unknown calls on iPhone?" we'll explain that, too.) Prevent spam and scam callers from being anonymous with a few of these tricks, starting with a few simple tracing techniques.

## Star 69

Unwanted calls can be so frustrating. You'll find yourself typing something like "no caller ID how to find out who called" or "how to find out no caller ID" into the search bar to get answers.

That can take a long time, though. When mysterious phone calls clutter your call log, this phone number lookup trick helps you identify the unknown number calling your device. Follow these steps, and you won't have to grimace when you look down at your phone and see that unknown number.

You may have heard of or used **\*67** to conceal your number from someone you called. Did you know there are similar numbers you can dial to respond to these anonymous callers?

The first one is **\*69**, which traces the number of the last person who called you. It works even for anonymous or hidden calls, so you can get the phone number and the exact time they called.

Once you have that hidden phone number, you can block it on your phone, so it can't call you anymore

## November Safety Tip by Rodger Barnes (Four Seasons Resident)

Dialing \*69 may also provide you with the option to call a number back right then and there, so if you want to confront a scam or spam caller, you can. But don't expect to get any information from them or be removed from their list.

Another number you can use to trace a call is \*57. This is the number to use if you believe a scam or spam caller is harassing you. \*57 gets you the phone number and call information \*69 does, but it goes above and beyond.

When you dial \*57, the information you obtain is passed along to the police. Your phone service will log a \*57 call in a special way, so authorities can more easily locate whoever is harassing you and arrest them.

You're also meant to call the police right after a \*57 call with a written log of the calls from your harasser so that the police can act. If you feel an anonymous caller is contacting you too often, it's worth using this number; otherwise, stick with \*69.

**Note:** Many phone companies charge extra for \*69 and \*57 calls, so don't be surprised to see a few additional charges on your bill if you use them. Also, not every phone company provides these services. Check with yours to see if it does.

## Contact your phone provider

If you need help with a consistent spammer, you can contact your provider directly for caller ID services. You might even be able to find out who blocks your caller ID.

More importantly, you can also ask for **Anonymous Caller ID** on a particular caller. This can help you ID spammers and let you block them on your own if you don't want to pay for a subscription. .

When inquiring about your carrier's services and pricing, remember there are also third-party apps you can utilize

## .Get an app

There's an app for everything, including identifying unknown or blocked numbers as they come to your phone. (We don't recommend relying on Siri's suggestions.) One of the most popular apps is [Trap Call](#). This app is available for both [iOS](#) and [Android](#) devices. I personally use Hiya which works pretty well for me.

## November Safety Tip by Rodger Barnes (Four Seasons Resident)

It tells you the number of anonymous calls in real-time and can automatically block spam for you. It does notify you when it blocks a call, just in case you want to call back. But you can create a blacklist, and when they call, the app plays a message claiming your number was disconnected.

And fake numbers aren't a problem, either. TrapCall forces callers to identify themselves before letting their calls go through. There is a charge for this service. The premium package allows you to record incoming calls and the option to play a warning message to make sure whatever you do complies with your state's laws. The warning is not mandatory. There are other caller ID apps out there, as well, like Truecaller.

### For all those unknown callers

The goal of identifying unknown phone numbers is to block those you don't want to speak to. If you have an iPhone, you can take a more extreme step and automatically block numbers that aren't in your Contacts list.

This feature is called **Silence Unknown Callers**. Calls from numbers not in your Contacts will still go to your voicemail and appear in your recent calls list, but your phone won't ring for them.

If you get a lot of unknown calls, this might be the feature for you. Just follow these steps to turn it on:

- Go to **Settings**, then **Phone**.
- Scroll down to the **Silence Unknown Callers** heading and select it.
- Slide the toggle next to **Silence Unknown Callers** to the right to enable the feature.

A similar feature exists on the Samsung Galaxy. To activate that:

- Open the Phone app, and tap the **More** icon at the bottom of the screen - it's the one that's **three vertical dots**.
- Tap on **Settings**, then **Call blocking**.
- Turn the **Block anonymous calls** switch to **on**.

If you have another type of Android, you can download the [Should I Answer?](#) app for a version of the Silence Unknown Callers feature.

Learning who is calling you anonymously can save you the headache and potential exploitation of spam and scam calls.

Whether you have iOS or Android, use any of the above methods to ID hidden phone numbers and block them. Or block unknown numbers altogether. Whatever your method, you'll be keeping yourself safe - and sparing yourself some annoyance - which is 100% worth the effort.

## November Safety Tip by Rodger Barnes (Four Seasons Resident)

### Bonus: How to tell if it's a spam number

An easy way to find out is to Google the number. It's kind of like a reverse image search.

By inputting the phone number into the search bar, you may see that it has been reported before. People on forums will often share stories about scammy calls, posting the scammers' numbers for all the world to see.

If your Google search leads you to a forum of people discussing spammers, that's a red flag. However, if the number shows up on a company website, that means the phone number may be from a legitimate company.

Notice that we said it *may be* from a legitimate company. Remember, caller ID spoofing is a huge problem. If a number calling you turns out to be from a company, that doesn't necessarily mean the company itself is calling you.

It could be a clever criminal in disguise. For example, in 2020, phone scammers spoofed Apple's actual support number to trick iPhone owners into thinking there was a data breach.

I hope this helps. It's confusing enough to answer or not to answer.

Rodger Barnes

*By the way, if you do answer the phone and you are not sure if it's a (real) call. say nothing and wait until they talk first. If they say hello say "what" and wait for their response. They may say something non related to your response. This means you are talking to a computer. Hangup.*

*Never answer questions with yes. It can be used to say you've agreed to "something" that is being recorded such as you agree to a purchase you did not want. I say "correct" instead of yes.*



## November Safety Tip by Rodger Barnes (Four Seasons Resident)

### Senior Safety

I've been asked to repeat an article from several months ago as some of our residents missed it. Here it is with additional Senior safety tips.

Most senior citizens feel comfortable in their own homes or senior living communities. However, this comfort can also lead to a reduced awareness of hazards that can lead to a painful injury.

While safety is important to advocate to everyone, the elderly find themselves more likely to be injured due to falls, fractures or broken bones because of bone loss, bone fragility and osteoporosis. Senior living communities are often equipped with handrails, safe floors that are not too slippery, ramps as opposed to stairs and several other safety precautions. For those seniors who are still living at home, however, it is important to take proper precautions to make sure the home is safe.

Here are some simple, affordable ways you can reduce the risk of falls and other injuries in your home or assisted living community:

### Bathroom Safety

The bathroom is one of the most dangerous areas of any home, thanks to the slippery surfaces that can cause falls and small space that makes it tough to move around safely. You can improve the safety and comfort of your bathroom by:

- Installing a 'comfort height' toilet that makes it easier to sit and stand.
- Replacing your bathtub with a walk-in shower and a bathing seat.
- Place non-skid strips on the floor of your tub or shower.
- Use a hand-held lightweight shower head to make bathing and cleaning easier.
- Replace your old faucets with temperature-controlled faucets to prevent scalding burns.
- Add a motion-sensor light or night light to your bathroom for added safety at night.
- Install grab bars throughout the room, which can also serve as towel racks.

### Kitchen Safety

Many seniors enjoy spending time in the kitchen during their retirement years. To keep cooks safe:

- Install and regularly maintain a high-quality smoke detector that has a 'hush' feature to temporarily silence false alarms.
- Replace old, worn-out appliances with new models to reduce the risk of shock or electrical fires.
- Regularly clean out vents and grease traps.
- Keep both a fire blanket and a fire extinguisher handy.
- Move heavy dishes and pots to lower cabinets that are easier to reach.
- Invest in appliances that shut off automatically, such as induction stovetops and kettles that can't be boiled dry.

## November Safety Tip by Rodger Barnes (Four Seasons Resident)

### General Home Safety

By taking the time to increase the safety of your home you will help prevent injuries to yourself and your loved ones.

- Remove any tripping hazards like loose area rugs, uneven floorboards, or extension cords.
- Place motion-activated lights throughout your home to improve visibility.
- Use timers to turn lights on at dusk.
- Purchase battery-backup lighting that is activated during a power outage.
- Keep your doors and windows locked at all times - many break-ins occur during daylight hours.
- Maintain an emergency supply of food and water along with a week's worth of any prescription medications.
- Keep rooms clean and free of clutter
- Make sure walkways are free of cords and wires
- Ensure that floors are not too slippery and be aware of differences in floor levels when entering and exiting rooms
- Make sure there is nothing on stairwells and that they are properly lit
- Consider taking a portable phone with you as you move room to room just in case a fall occurs
- Use rubber matting, a shower chair and if necessary, hand rails inside the shower
- Ladders are the best way to receive a new hip or knee when one is not wanted. I KNOW.

Happy Safety  
Rodger Barnes



From your friends at The Landscape Committee  
Mike Callagy - Committee Chair

Greetings from your landscape committee and our wishes for a very warm and blessed Christmas along with a great New Year celebration. Yeah, it's that time of year already. Seems like I just put the Christmas stuff away from last year. Okay, now you know for certain; I'm not perfect. Got a little ahead of myself in November and when our landscape contractor offered to clean-up about 250 feet of the Paseo, at no cost, I jumped for it. The clean up went fine, my notification to our community of the clean-up, well not so hot. I have learned a valuable lesson: let you folks know what is going on before it's done. My sincere apologies. The clean-up went very well and some of the pup agave plant off-shoots got replanted in neighbors' yards. The area is now ready for long term planning and replanting.



Your landscape team had a very good meeting in November. Now that the heat is really behind us, we approved the replanting of numerous trees and shrubs deferred from the summer heat along with current replant necessities was approved and sent to our board for approval.

We also began work on a more drought tolerant plant list for our community. In light of last summer and the possibility of continuing drought we thought it advisable to revise this list. We are also reviewing plants that to original developer planted which were not on the plant list.

Our main goal this year continues; to develop a comprehensive community wide plan for our landscaping including the Paseo and parkways. The objective is community uniformity throughout.


I would like to remind all of my neighbors that landscape meetings are opened to everyone and your input and ideas are important to hear. No one has all the answers, but together we can, as a team, make our wonderful community even better.

Blessings at Christmas: Mike Callagy, Landscape committee

Committee Meetings & Club Times are Subject to  
Change, Check with Lodge for most current information

# DECEMBER

LODGE HOURS: MONDAY  
S

Sunday	Monday	Tuesday	Wednesday
			
<p>4</p> <p>Water Volleyball 4pm</p>	<p>5</p> <p>Advanced Pickle Ball 7am Dance Fitness 8am Koffee Klatch 8:30am Chair Yoga 9am Pinochle 1pm Dance Fitness 5:45pm</p> 	<p>6</p> <p>Beginners Pickle Ball 7am <b>SOCIAL COMMITTEE 1pm</b> Bridge 1pm Dance Fitness 5:45pm Bocce Ball 6pm</p>	<p>7</p> <p>Advanced Pickle Ball 7am Dance Fitness 8am Chair Yoga 9am Veterans Club 11am Canasta 1pm Water Volleyball 4pm Dance Fitness 5:45pm <b>BOD MEETING 6pm</b></p>
<p>11</p> <p>Water Volleyball 4pm</p>	<p>12</p> <p>Advanced Pickle Ball 7am Dance Fitness 8am Koffee Klatch 8:30am Chair Yoga 9am <b>IT Committee 9am</b> Pinochle 1pm <b>FACILITIES 1PM</b> Dance Fitness 5:45pm</p> 	<p>13</p> <p>Beginners Pickle Ball 7am Crafters Club 1pm Bridge 1pm Bocce Ball 6pm</p>	<p>14</p> <p>Advanced Pickle Ball 7am Dance Fitness 8am Chair Yoga 9am <b>LANDSCAPE 10am</b> Canasta 1pm Water Volleyball 4pm Dance Fitness 5:45pm</p>
<p>18</p> <p>Water Volleyball 4pm</p>	<p>19</p> <p>Advanced Pickle Ball 7am Dance Fitness 8am Koffee Klatch 8:30am Chair Yoga 9am <b>Plant Slant: Potluck Christmas Party 10am</b> Pinochle 1pm</p> 	<p>20</p> <p>Beginners Pickle Ball 7am Ladies Luncheon 11:30am Bridge 1pm Bocce Ball 6pm</p>	<p>21</p> <p>Advanced Pickle Ball 7am Dance Fitness 8am Chair Yoga 9am <b>Canasta Holiday 12:30pm</b> Water Volleyball 4pm Dance Fitness 5:45pm</p>
<p>25</p> <p><b>LODGE CLOSED</b></p> 	<p>26</p> <p>Advanced Pickle Ball 7am Dance Fitness 8am Koffee Klatch 8:30am Chair Yoga 9am Pinochle 1pm Dance Fitness 5:45pm</p> 	<p>27</p> <p>Beginners Pickle Ball 7am Bridge 1pm Bocce Ball 6pm</p>	<p>28</p> <p>Advanced Pickle Ball 7am Dance Fitness 8am Chair Yoga 9am Canasta 1pm Water Volleyball 4pm Dance Fitness 5:45pm</p>

# 2022 CALENDAR

-FRIDAY 6AM-10PM SATURDAY: 9AM-5PM  
 SUNDAY: 9AM-5PM

**POOL CLOSED**  
**MONDAYS & FRIDAYS**  
**6AM-10AM**

Monday	Thursday	Friday	Saturday
	1 Beginners Pickle Ball 7am Art Club 9:30am Bridge 1pm Bingo 5:45pm 	2 Advanced Pickle Ball 7am Dance Fitness 8am Chair Yoga 9am <b>Website Committee 9am</b> Game Night 1pm Advanced Pickle Ball 5:30pm <b>ARC APPLICATIONS DUE BY 2PM</b>	3 Beginners Pickle Ball 7am <b>Gift Exchange 2pm</b> 
Ball 7am m :30pm 5:30pm 5pm <b>PM</b>	8 Beginners Pickle Ball 7am Art Club 9:30am Book Club 10am Bridge 1pm <b>ARCHITECTURAL REVIEW 3PM</b> Bingo 5:45pm 	9 Advanced Pickle Ball 7am Dance Fitness 8am Chair Yoga 9am <b>Website Committee 9am</b> Game Night 1pm Advanced Pickle Ball 5:30pm 	10 Beginners Pickle Ball 7am Computer Club 9am <b>N2N Holiday Home Tour 1pm</b> 
Ball 7am m <b>M</b> l 5:30pm 45pm	15 Beginners Pickle Ball 7am Art Club 9:30am Bridge 1pm Bingo 5:45pm 	16 Advanced Pickle Ball 7am Dance Fitness 8am Chair Yoga 9am <b>Website Committee 9am</b> Game Night 1pm Advanced Pickle Ball 5:30pm	17 Beginners Pickle Ball 7am
all 7am <b>water Party</b> :30pm 5pm	22 Beginners Pickle Ball 7am Art Club 9:30am Bridge 1pm Bingo 5:45pm 	23 Advanced Pickle Ball 7am Dance Fitness 8am Chair Yoga 9am Bunco 1pm Advanced Pickle Ball 5:30pm	24 <b>LODGE CLOSED</b> 
all 7am :30pm pm	29 Beginners Pickle Ball 7am Art Club 9:30am Bridge 1pm Bingo 5:45pm 	30 Advanced Pickle Ball 7am Dance Fitness 8am Chair Yoga 9am Game Night 1pm Advanced Pickle Ball 5:30pm	31 Beginners Pickle Ball 7am <b>NYE Countdown 7pm</b> 

*Social Committee presents*

# NEW YEARS EVE COUNTDOWN

SPECIAL GUEST:

**DJ KEVIN RUSH**

CATERED BY:

**PORK CHOP & BUBBAS BBQ**

*SATURDAY, DECEMBER 31ST 2022*

**SAVE THE DATE:  
MORE INFO TO COME**

## CLUBS & CLASSES

### Computer Club - Dave Keeney (Club Leader)

Next Meeting: Saturday, December 10th, 2022, 9:00 am

Location: Zoom



Any questions about computers or technology will be discussed. These meetings are intended for non-techies so if you have a question, would like to learn how to do something on your computer, or are just curious about something technical, please come join our meetings.

---

### Crafters Club- Nancy McKenry (Club Leader)

Do you love crafting and getting together with friends? If you do, consider joining the Crafters Club meetings every 1st and 3rd Tuesday. We meet in the Arts & Crafts room from 1 pm-4 pm and have a lot of fun!

-Nancy McKenry  
njmckenry@gmail.com



### Chair Yoga Class - Melanie Yates (Club Leader)

Chair Yoga is a great way to gain flexibility and strength, even if you have a limited range of motion. You're encouraged to go at your own pace and ability. No previous experience is required! No special equipment is needed. Just wear comfortable clothing and join us on Monday, Wednesday, and Friday mornings at 9:00 am.

Any questions text or call Melanie Yates, at 661.703.0740.



## CLUBS & CLASSES

Neighbor2Neighbor Club -Margaret DeArmond/Donna Holtzclaw(Club Leaders)

The Neighbor 2 Neighbor Club meets at 1:00 pm on the second Tuesday of each month in the Arts & Crafts Room. Our next meeting is December 13th. Please join us and help plan more activities for our community and



fundraisers to help the emancipated foster youth at the Dream Center.

### The Neighbor 2 Neighbor Club Presents A Dream Center Fundraiser

## THE FOUR SEASONS HOLIDAY HOME TOUR

December 10, 2022

**5 Decorated Homes ~ Refreshments/Social**

Only \$10.00



Tickets can be purchased from club members or  
on December 10th in the Lodge Lobby  
limited number of tickets

**CASH ONLY**

- 1:00 - 1:30 pm Lodge Lobby to receive home tour map
- 1:00 - 3:00 pm Visit the 5 decorated homes
- 2:30 - 4:30 pm Refreshments & Social in the Lodge Lobby

Questions or more information, contact club leaders:  
Margaret DeArmond, 661-304-0093, mdearmond@mac.com  
Donna Holtzclaw, 661-303-6649, donnaholtzclaw@yahoo.com

## CLUBS & CLASSES

Let's celebrate this holiday time by sending Christmas or other greetings of the season to our Four Seasons neighbors. You can now post your greeting card on the bulletin board in the Lodge to wish everyone a happy and healthy holiday.

~ Neighbor 2 Neighbor Club

---

### Ladies Luncheon - Annette Harder (Club leaders)

Tina Marie's downtown Cafe on Chester Ave opened in 2003 by Tina Marie Brown. Tina knew at an early age she would be an owner while helping her Grandma at a local restaurant. The Chester location was destroyed in a series of fires in December 2020. Five months later a new location at 19th and Eye was opened. Tina still has the dream of rebuilding at the Chester Ave location.

Last month 18 ladies were seated in a side room at a long table and the conversations were many. Our waitress, Leanna, was amazing. She was efficient and quick with a welcoming smile. We had three birthdays to celebrate so of course we had to sing. It was a fabulous luncheon.

Thanksgiving is over now on to Christmas. On Tuesday, December 20th at 11:30am we will meet in the Lodge Ballroom. We will be served by Dave and Glen a feast of Lemon Artichoke Chicken, Winter Kale Salad, Sweet Potatoe Soufflé, Sweets for desert plus drinks. A suggested asking donation is \$20.00 cash.

Sign up and payment due at the front desk. Limited reserved seating is 35. This is the holiday season so dress to impress.

Annette Harder// Club Leader



## CLUBS & CLASSES

### Sunshine Club - Linda Hofer (Club Leader)

#### Compassion.....Care..... Concern

The Sunshine Club is here to help our neighbors and our community. In addition to providing cards and small gifts for those who are ill or hospitalized, the Sunshine Club maintains the plants in the Lodge. Not only are the plants getting proper care, but we also save the community over \$3,000 annually!

A couple of our gals have offered to walk a sick neighbor's dog and occasionally we have supplied meals to neighbors when an unexpected illness or hospitalization has occurred. We have offered rides to the Beauty Bar and special events at the Lodge. Recently we committed to delivering the Newsletter to those who are homebound. Last, but not least our club assists with memorial services in our Ballroom providing linen for the tables and coffee set up. As always, we need the help of the community to identify neighbors in need!

Please contact Linda Hofer (Club Leader), via phone, text, or email, with information or requests.

Home: 661-368-1995 Cell:510-374-8366 Email: hofer1951@gmail.com

---

### Dinner Club - Eileen & Mike Callagy (Club leaders)

Hi friends and neighbors:

Our November dinner club had a great turnout of 83 people! Thanks to all of you who attended and got to enjoy a wonderful dinner catered by Coconut Joes.

We are planning to have our first dinner of 2023 on Saturday, February 11th so mark your calendars.

Some of you have made suggestions for caterers and we are in the process of investigating your ideas. Keep them coming.

We'll keep you informed as to the details as soon as we have made a decision.

Merry Christmas and Happy New Year!

Mike & Eileen Callagy



## CLUBS & CLASSES

### Book Club - Kathleen Reisig (Club Leader)

For this December the Book Club will meet on the second Thursday December 8. We will meet at 10:00a.m. in the Library. Bring your suggestions for our reading list for 2023. New members are welcome.

Hope to see you there!

Kathleen Reisig Club Leader

- Kathleen Reisig Book Club Leader



---

### Plant Slant, a Vegan Book Discussion Group

#### Patsy Ouellette - Club Leader

Plant Slant, a Vegan Book Discussion Group

3rd Monday(December only) of the month, 10:00-Noon, Lodge Library

Patsy Ouellette - Club Leader(661)205-7324, paouell@earthlink.net



Hello Four Seasons' Friends. We in the Plant Slant Book Group have finished reading Chapter One, "How Not to Die of Heart Disease." We are now in the middle of Chapter 2, "How Not to Die of Lung Disease," consisting of lung cancer, chronic obstructive pulmonary disease ( COPD), and asthma. Shockingly, though we think of these as primarily to do with breathing, it turns out the whole body is connected, and one thing influences other things. In this case, we are learning that diet can have an impact on our lung health, either positive or negative.

Some good news to share - one of our members had her blood work done. After three months of practicing this Plant-based lifestyle, her health markers have improved!

Tryglycerides dropped from 95 to 55.

And, while still on statins, her

LDL dropped from 99 to 68, And her

Total cholesterol dropped from 175 to 141.

That's great news Camilla. Thanks for sharing.

Additionally, in December, we are having a Plant-based Potluck Christmas celebration on Monday, Dec. 19, From 10:00-Noon in the library.

## CLUBS & CLASSES

### Art Club - Norma Niel (Club Leader)

*The Art Club is continuing to bring art-related opportunities and creative events to the FSB community.*

The holiday card making event held Sat. Morning Nov.5th turned out to be a lot of fun with everyone having a good time and learning some new skills. Different card styles were presented by Debbie Cline, Vicki Tasoff and Norma Neil.



Art Club Contact  
Norma Neil  
nneil2@att.net  
Ph. 661-204-4653



*Laughter along Our Path*

by Manya Carney (Resident)



#### Strictly Professional

When we were in Mexico in 2007 visiting the famous Mayan ruins of Icha Nitza, I saw two little boys on the grass rolling around and wrestling with each other.

I interrupted their play by asking them where we could get a couple of bottles of cold water? They jumped up, said they could get them for us, and took off running across the open field. They returned in a few minutes and said in their broken English, "Three dollars each!"

"Each? Three dollars each?" I spoke. "It's only one dollar at all the strands." They both stood there grinning from ear to ear, cute as can be, waiting for me to give them the loot.

"Pay them the money, Manya." John said. "They're businessmen and are in it to make a profit!"

FSB's Art Club presents  
**“Drawing in Nature” classes**

A series focusing on understanding our local birds by drawing and painting.  
With nature journalist and artist Barbara Mattick

**January 5<sup>th</sup> – Anna’s  
Hummingbird**

This hummingbird is a frequent visitor to local flowers and feeders. If a hummingbird comes to your yard, it's probably an Anna's. We'll learn tricks for drawing them, and if you'd like, you can add color with watercolor or a media of your choice.



**January 12<sup>th</sup> –  
California  
Scrub Jay**

The Scrub Jay is another common back yard bird here in Bakersfield. They're very intelligent birds who are very territorial and may claim your garden if you have good things to eat there We'll learn drawing techniques to help you capture the image of this bird as well as general skills that will help you with drawing any bird. You'll have the opportunity to turn our drawings into paintings.

Class fee is \$20 for one class or \$35 for both if pre-paid. Add \$5 per class if you do not have supplies.

Pre-register to reserve your space as class size is limited by contacting Barbara Mattick ph: (661)619-5900 [bmattick@hotmail.com](mailto:bmattick@hotmail.com)

## CLUBS & CLASSES

### Veteran's Club - Penny Martinez (Club Leader)

In November, our combined veteran's group enjoyed a private tour of the Portrait of a Warrior Gallery, located at 1925 Eye Street. The gallery staff rolled out the 'red carpet' for our group and if you haven't had the opportunity to visit the gallery, you need to make a point of going; it's an amazing place, especially The Fallen, Hall of Honor and Vietnam Memorial exhibitions. To learn more about the gallery, visit their website at <https://kern-warrior.org/>. After the tour we walked across the street to Tine Marie's café and enjoyed a delicious meal, and Four Seasons Veterans Clark Machamer, Lou Formano and Steven West regaled us in their adventures to Washington D.C. during the October Kern County Honor flight, then we went around the room and found out what everyone was doing for the upcoming holidays and guest speakers and proposed excursions for 2023.

Just like last month, December holds great meaning for all of us, National Pearl Harbor Remembrance Day, December 7th, 81 years ago, President Franklin D. Roosevelt proclaimed December 7, 1941 as, "a date which will live in infamy." Today we honor those who died in the attack at Pearl Harbor by flying the American flag at half-mast, we commemorate the day with memorial services, and with wreath laying ceremonies. There is no official database of Pearl Harbor survivors still living, but it's assured that the number gets smaller each year. In all, the National WWII Museum says that 234 veterans of WWII die each year. That means there are fewer front-line folks who became caretakers of that history, sharing their stories of Pearl Harbor, Normandy, Iwo Jima and Bataan and countless other pivotal moments from the mammoth worldwide conflict. All you can do is hope those lessons we learned from the survivors of Pearl Harbor and other WWII battles are so ingrained in the consciousness of this country that we'll never get caught with our britches down again. America must never forget!



# CLUBS & CLASSES

## Veteran's Club - Penny Martinez (Club Leader)

To lighten things up as we go into the holiday season and a New Year, we have invited Solera Resident Mark Kohls to play holiday music on his ukulele at our December 14th gathering, 11:30 am at Huckleberry's restaurant located at 2673 Mt Vernon Avenue. Raised In Hawaii, Mark began playing the ukulele in grade school. He performs on stage, but teaching is his passion. He was one of 3 instructors selected by Japanese American Community Cultural Center to teach ukulele to children in inner city LA during a one-year program called U4LA, funded by the Annenberg Foundation. He has repeatedly conducted workshops at the Los Angeles International Ukulele Festival and at U-Space, both major southern California Ukulele Festivals, and spent summers teaching children in Huntington Beach at Island Bazaar before moving to Bakersfield. He offers private lessons and, for the past 5 years, has also taught three weekly group classes, online, for the city of Laguna Beach through The SUSIQ Senior Center.

If you have any questions about upcoming veterans gathering, just give Penny Martinez a call or send her an email using the information noted below. Looking forward to a blessed New Year, with the opportunity of meeting fellow veterans and hearing from guest speakers.

Penny Martinez  
President & Secretary, Veteran's Group  
Email: figment5802@gmail.com  
(661) 873-7615

Clark Machamer  
Chaplain, Veteran's Group  
(661) 469-2701



# K. Hovnanian's Four Seasons Lodge at Bakersfield Community Association



10500 Toscana Drive  
Bakersfield, CA 93306  
Phone (661) 873-0580 Fax (661) 873-0579

[www.FSBHOA.com](http://www.FSBHOA.com)